

Spring/ Summer Menu 2022

This menu is compliant with
the Healthy Eating in Schools
Regulations 2013

Why not try our Salad Bar?

Baguette, baked potato or tortilla wrap, a selection of cheese, baked beans, egg, meats, tuna and a variety of salad

As an alternative to the dessert - fresh fruit, yoghurt or cheese and crackers are available

Monday

Salmon fish fingers with mashed potato, baked beans or a selection of vegetables, bread and spread

Spicy pear cake with custard

Week 1

Tuesday

Homemade chicken curry with vegetable rice

Chocolate orange whirl with mandarins

Week 1

Wednesday

Roast turkey and stuffing with roast and boiled potatoes, seasonal vegetables and gravy

Ice-cream roll with fruit salad and a milk drink

Week 1

Thursday

Juicy beef meatballs with tomato & herb pasta and garlic bread with a selection of vegetables or mixed salad

Apple crumble traybake with cream

Week 1

Friday

Southern coated quorn burger in a bun with chips, peas & sweetcorn or baked beans

Vanilla ice-cream and pineapple

Week 1

Monday

Spaghetti bolognese and garlic bread with a selection of vegetables or mixed salad

Jam and coconut sponge with custard

Week 2

Tuesday

Garlic & herb chicken with new baby potatoes, homemade coleslaw, steamed vegetables or mixed salad and a crusty roll

Fruit jelly and a shortbread biscuit with a milk drink

Week 2

Wednesday

Roast sausage with yorkshire pudding with roast and boiled potatoes, seasonal vegetables and gravy

Fruity flapjack with a milk drink

Week 2

Thursday

Cheese and tomato pizza with herby diced potatoes and baked beans

Sticky toffee pudding served with cream

Week 2

Friday

Crispy battered fish with chips, peas or mixed salad

Vanilla ice-cream with fruit cocktail

Week 2

Monday

Lasagne and garlic bread with a selection of vegetables or mixed salad

Welsh cake and a milk drink

Week 3

Tuesday

Hot dog with oven baked potato wedges, peas and sweetcorn

Chocolate banana cake with custard

Week 3

Wednesday

Roast chicken with stuffing, with roast and boiled potatoes, seasonal vegetables and gravy

Homemade traditional fruit trifle

Week 3

Thursday

Salmon fillet in a salt & vinegar flavoured batter with mashed potato and a selection of vegetables, bread and spread

Lemon drizzle cake with cream and milk drink

Week 3

Friday

Beef burger in a bun with chips and baked beans

Ice-cream roll with peaches

Week 3

Menus may vary in faith schools, please check with your individual school for details

Catering for Medical Diets/ Food Allergies

For special diets
requests please e-mail:
specialdietrequest@
torfaen.gov.uk

April/May 2022

M	T	W	T	F
25	26	27	28	29
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

June 2022

M	T	W	T	F
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	1

July 2022

M	T	W	T	F
27	28	29	30	1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22

August/Sept 2022

M	T	W	T	F
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

October 2022

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

Every effort is made to provide the correct balance of choices to our customers but we cannot guarantee that all choices will be available right to the end of service.